

Annexure 28

The ICFAI University, Himachal Pradesh

Academic Year: 2024-25

Sports Facilities

Period Covered: January 2025 – June 2025

Prepared by: ICFAI university Himachal Pradesh

1. Introduction

This report summarizes the sports activities, achievements, and challenges from January to June 2025. All activities were organized in alignment with the University Academic Calendar and the guidelines prescribed by the University Grants Commission (UGC). The objective is to assess progress, celebrate accomplishments, and plan improvements for future sports development.

2. Objectives

- Promote physical fitness, teamwork, and leadership among students.
- Encourage participation in competitive and recreational sports.
- Develop sporting talents for representation at state and national levels.
- Foster awareness of health and wellness through yoga and other activities.

3. Summary of Activities

All activities conducted as per the University Academic Calendar following UGC guidelines.

Date(s)	Activities Conducted	Participation	Remarks
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30-01-2025	NSS Event: Green Campus – Clean Campus	50 NSS volunteers	Plantation and campus cleanliness drive
31-01-2025	Cricket Trial Match: FMS vs FST	Two departmental teams	FMS won the match
05-02-2025	Inter-department Cricket Match: FOL vs FPS	Two departmental teams	FPS emerged as winners
20-02-2025 to 21-02-2025	Punjab University Visit – Chandigarh (Cricket & Badminton)	Winning teams from our dept.	Reached Quarter Finals
24-02-2025 to 28-02-2025	Annual Sports Meet	All departments	Successful conduct of multiple sports events
05-05-2025	Mock Drill (Emergency Preparedness / War Scenario)	All students and staff	Awareness and safety training
07-05-2025	Yoga Practice with NSS Volunteers	35+ NSS volunteers	Promoted wellness and mental calmness

4. Achievements

- Arpan Paul (FST, BCA VI Sem) represented the university in the 2023 National Shooting Championship (NSCC) held in Delhi.

- Gaurav Kaushal (FLA, BA VI Sem) won the title of Mr. Himachal (Una) in 2024 in Bodybuilding.

- Narash Kumar (FPS, B.Pharm VIII Sem) was the Kabaddi State Winner at Paonta Sahib in 2025 and participated in the Senior National Kabaddi Championship in Odisha the same year.

- Manish Yadav (FMS, BBA IV Sem) participated in the 2025 cricket camp organized by the Cricket Association at Dharamshala.

5. Challenges

- Limited sports equipment and facilities impacted training for some teams.
- Weather conditions caused occasional disruptions to outdoor activities.
- Balancing academic schedules with sports commitments remained a challenge for students.

6. Recommendations

- Invest in upgrading sports infrastructure and equipment.
- Develop contingency plans for weather interruptions, such as indoor training options.
- Improve coordination between academic and sports departments to better manage schedules.

7. Conclusion

The last six months reflect active engagement and commendable achievements in sports. Continued efforts and institutional support will further enhance student participation and performance in upcoming competitions.

Sports Instructor

VIVEK KUMAR

No.YSS-F(4)2/2004-1(i)-Loose

State NSS Cell, Department of Youth Services & Sports

Government of Himachal Pradesh, HP Secretariat Shimla-2

Shimla-171002

Dated: 2nd November, 2023

To

The Registrar,

Institute of Chartered Financial Analysts of India University (ICFAI)

Kalujhanda, Baddi, District Solan.

Subject: Approval for Self Financing NSS Unit.

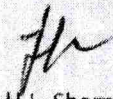
Sir,

In reference to your letter dated 12-10-2023 regarding NSS Self Financial Unit, I am pleased to inform you that One NSS Self Financing Unit of 100 Volunteers has been approved to your University subject to the following conditions:

1. The Unit may be commissioned to function from the academic year 2023-24.
2. You must run the Self Financing Unit as per the Guidelines of the Government of India which are updated from time to time (Basic Guidelines are available in nss.nic.in website under announcement head NSS Manual 2006).
3. NSS Unit for your Institution is approved for 3 years i.e. up to 2025-26 subject to satisfactory performance of NSS activities by the Unit and the same may be renewed after three years with the recommendation of the University/+2 Council Advisory Committee Meeting or by the SFU Approval Committee, as the case may be.
4. You are allowed to have student volunteers from different faculty.
5. As per guidelines ensure timely submission of all the reports (monthly & annually) & returns of NSS activities to the State NSS Officer and concerned Programme Coordinator NSS with a copy to the Regional Directorate NSS Chandigarh.
6. If at any stage the performance of the NSS Unit is not found satisfactory, the NSS Unit may be withdrawn by the NSS authorities.

The Regional Director NSS/ The State NSS Officer or any representative from them may visit your institution to evaluate the working & performance of Self Financing Unit. So, you are requested to provide full support & requisite information during their visit.

Yours Sincerely


(Dr.H.L. Sharma)

State NSS Officer

Copy to: 1. The Regional Director NSS, Regional Directorate Chandigarh.

The ICFAI University, Himachal Pradesh

Academic Year: 2024-25

Hostel Details

Accommodation

- **Rooms:** Single, double, or multiple sharing rooms.
 - **Furniture:** Bed, study table, chair, cupboard.
 - **Fan:** Basic cooling is usually provided.
 - **Mattress & Pillow:** Often not provided — students bring their own.
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Washroom Facilities

- **Attached or Common Bathrooms:** Depends on room type.
 - **Hot Water:** Usually through geysers or solar water heaters.
 - **Cleaning:** Regular cleaning by housekeeping staff.
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Mess & Dining

- **Vegetarian Meals Only**
 - **Timings:** Fixed breakfast, lunch, evening tea/snacks, and dinner.
 - **Quality:** Balanced meals with seasonal variations.
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Internet & Connectivity

- **Wi-Fi:** Available in hostel premises.
 - **LAN Ports:** Sometimes provided in rooms.
 - **Speed:** Varies — enough for study and browsing, sometimes capped.
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Security

- **Warden:** Present for student safety and discipline.
 - **CCTV Surveillance:** Installed in common areas.
 - **Entry Restrictions:** In-time and out-time rules, especially for girls' hostels.
 - **ID Card:** Required for entry/exit.
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Common Areas & Recreation

- **TV Room/Common Hall**
 - **Indoor Games:** Carrom, chess, table tennis.
 - **Outdoor Games:** Small play area or access to college grounds.
 - **Gym/Yoga Room:** Some hostels include basic fitness equipment.
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Housekeeping

- Regular room and bathroom cleaning
 - Garbage collection and disposal
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Medical Support

- **First-Aid Kits** in hostel

- **Tie-up with Nearby Hospitals**
 - **College Health Centre Access**
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Other Facilities

- **Study Rooms or Reading Room**
- **Power Backup (Generator/Inverter)**
- **Water Purifier/Coolers**
- **Bike/Cycle Parking Area**

ICFAI University, Himachal Pradesh

Placement and Internship Report

Academic Year: 2024-25

Training and Placement Committees

Central Committee for Trainings / Internships / Placements

- **Convener:** Dr. Ankit Verma, Training and Placement Officer (TPO)
- **Co-Convener:** Ms. Shilpa Chandel, Deputy TPO

Departmental Committees for Trainings / Internships / Placements

(Convened by the respective HODs, with powers to co-opt members)

Faculty	Members
Faculty of Management Studies (FMS)	Dr. Nisha, Dr. Ravi Vashisht, Dr. Yuvika Singh, Ms. Sakshi Jindhal
Faculty of Science & Technology (FST)	Dr. R.K. Bhardwaj, Dr. Sangeeta Bhogal, Sh. Ajay Prashar
Faculty of Law (FOL)	Dr. Suresh Kumar, Ms. Pragya, Sh. Munish Kumar
Faculty of Pharmaceutical Sciences (FPS)	Dr. Shewta Aggerwal, Dr. Ashok Kumar, Ms. Shilpa Chandel, Dr. Akshay Parihar

Internship Details

As part of the university's emphasis on experiential learning and industry engagement, students from various departments participated in internships with reputed organizations throughout the academic year. These internships provided real-world exposure and helped bridge academic learning with professional practice.

- **BBA:** 57 students interned with 34 companies
- **MBA:** 38 students interned with 19 companies
- **B.Pharmacy:** 91 students interned with 40 pharmaceutical and healthcare companies
- **Law:** 94 students participated in internships with legal firms, government agencies, and legal aid centers
- **B.Tech (CSE):** 10 students

- **MCA:** 10 students

(A total of **13 companies** provided internships specifically for students from the technical stream (B.Tech and MCA), involving work on software development, programming, data analytics, and IT solutions).

Total Companies Offering Internships Across All Programs: 106

These internship experiences have significantly improved students' industry readiness, technical proficiency, and career preparedness.

Key Academic and Career Enrichment Activities

To promote holistic student development and career orientation, the university organized a wide range of academic, industrial, and skill-building activities. The following events were conducted during the academic year:

- **27th September 2024** – Seminar on Career Opportunities in Pharmacy
- **16th October 2024** – Internship Diaries Session
- **18th October 2024** – Industrial Visit to Mender Software Pvt. Ltd.
- **23rd October 2024** – Placement Drive by Sensation Software Solutions Pvt. Ltd., Mohali
- **5th November 2024** – Industrial Visit to CSIO, Chandigarh
- **8th November 2024** – Industrial Visit to Sensation Software Solutions Pvt. Ltd., Mohali
- **5th February 2025** – Career Guidance and Pre-Placement Training Session
- **11th February 2025** – Future Business Sharks by HITBULLSEYE and TiE
- **18th February 2025** – Industrial Visit to DSR Lifesciences, Nalagarh
- **28th February 2025** – Industrial Visit to Stovekraft
- **18th March 2025** – Virtual Mock Interviews
- **21st March 2025** – Career Guidance Seminar on TOEFL & GRE by ETS India
- **2nd April 2025** – Workshop on Programming by VEE Software Solutions Pvt. Ltd., Mohali
- **30th April 2025** – Industrial Visit to Excellence Technology

These activities significantly contributed to students' technical advancement, industry interface, and overall professional grooming.

Student Placement Overview

During the academic year 2024–25, a total of **387 students** successfully completed their academic programs across various faculties at ICFAI University, Himachal Pradesh. The university's Training and Placement Cell actively facilitated placement support and career opportunities for eligible students, while also supporting those pursuing alternate professional pathways.

Placement Statistics:

- **Total Pass Out Students: 387**
- **Students Not Requiring Placement Support: 127**
(Includes students pursuing competitive exams, self-employment, or opting out for personal reasons)
- **Students Opting for Higher Education: 118**
(Pursuing postgraduate studies, certifications, or studying abroad)
- **Students Choosing Entrepreneurship/Family Business: 85**
(Intending to join family ventures or launch startups)
- **Students Placed Till Date: 29**
(Placed across various faculties in relevant industries)

Industry Engagement and Opportunities Provided

The Placement Cell has continued to strengthen university-industry linkages by inviting reputed organizations for placements and internships. This year:

- **Total Companies Engaged for Placements & Internships: 96+**

These companies spanned diverse sectors including IT, pharmaceuticals, legal services, finance, business consulting, and manufacturing, among others. Students were provided with multiple avenues for hands-on training and final placements through campus drives, virtual interviews, and off-campus referrals.

Conclusion

ICFAI University, Himachal Pradesh remains committed to fostering student employability through structured internship programs, targeted placement support, and sustained industry interaction. The university's focus on holistic career development is reflected in the range of activities and outcomes achieved during the academic year 2024–25. These ongoing efforts continue to prepare students for meaningful careers and successful professional journeys.

The ICFAI University, Himachal Pradesh
Academic Year: 2024-25

Health facilities

Gymnasium tools for Health facilities

1. Cardio Equipment

- **Stationary Bike** – Great for endurance and leg strength.
- **Elliptical Trainer** – Low-impact cardio workout. s
- **Rowing Machine** – Full-body cardio workout.
- **Stair Climber** – Simulates walking up stairs, targets legs and glutes. 2.

Strength Training Equipment

- **Dumbbells** – Free weights used for a variety of strength exercises.
- **Barbells and Weight Plates** – Used for compound lifts like squats, bench presses, and deadlifts.
- **Kettlebells** – Used for dynamic movements like swings and snatches. □ **Resistance**
- Bands** – Provide resistance for strength training and mobility work. □ **Weight**
- Machines** – Target specific muscle groups (e.g., leg press, chest press). □ **Smith**
- Machine** – A barbell fixed within steel rails for controlled weightlifting. □ **Cable**
- Machine** – Adjustable pulleys for a range of exercises.

3. Functional Training Tools

- **Medicine Balls** – Used for strength and power exercises.

- **Battle Ropes** – For cardio and upper body endurance.
- **Plyometric Boxes** – For jump training and explosive power.
- **TRX Suspension Trainer** – Bodyweight training using straps.
- **Sandbags** – For functional strength and stability.

4. Flexibility & Recovery

- **Foam Rollers** – For myofascial release and muscle recovery.
- **Yoga Mats** – For stretching, yoga, or bodyweight exercises.
- **Resistance Bands (light)** – For stretching and mobility.

5. Miscellaneous

- **Pull-Up Bar** – For upper body bodyweight exercises. □
- Dip Station** – For triceps, chest, and core strength. □ **Ab**
- Rollers** – For core workouts.
- **Balance Balls/BOSU Balls** – For core and stability training.